Checklist for my Chernobyl trip

- **Clothes**
  - clothes within dress-code rules - In the zone you ought to wear long-sleeved shirts, long pants and convenient (not open) shoes, even during summertime
  - note: You don’t need to put your clothes into waste after the tour when radiation check shows that everything is fine

- **Cosmetics**
  - tooth paste, toothbrush, antiperspirant, cream

- **Chargers**
  - if you need one for EU socket standard

- **Undergarments and socks**
  - optional*

- **Socket adaptor**
  - optional*

- **Flap Flops and Bathrobe**
  - optional*
  - to go to bathroom in the Hotel. Towels, Shampoes and shower gels are provided

- **Ukrainian currency**
  - UAH Hryvna - In Kiev there are many exchange offices and also right in the airport.

- **Flashlight**
  - useful for Urban Exploration of abandoned and structurally safe buildings in the Zone, which could get really dark

- **Passport**
  - passport needs to be valid and it’s also necessary to check VISA policy in Ukraine for your country

- **Extra clothes**
  - extra warm clothes, umbrella, cap, sunglasses according to weather forecasts. Tour is not affected by weather conditions, but during a wintertime it is shortened by about one hour

- **Book**
  - to spend time during the flight and at the airport usefully

- **Camera with accessories**
  - such as extra batteries, memory cards. You will be able to take photos anytime during the trip expect – Check points, police stations and Power plant where are just certain places allowed to photograph. Make sure that your batteries are charged up, because charging won’t be possible during the tour.

- **Laptop**
  - optional*
  - for workaholics :)

- **Good mood! :D**
  - and readiness to enjoy Chernobyl
Ruleset for my Chernobyl trip

Only people who are aged 18 or older are allowed to enter Chernobyl zone with a valid permit accompanied with the envoy officer (guide).

When visiting the Chernobyl exclusion zone all visitors are obliged to:

a.) Use clothes and shoes, maximally protect body, head, hands and feet;
b.) Comply with the radiation safety rules, health and safety regulations;
c.) Strictly comply with all instructions of the state guide;
d.) Move around only according to the prescribed routes;
e.) Follow the personal hygienic rules.

Photographing and filming on the designated route shall be subject to authorization of the envoy officer.

During the visit to the Chernobyl exclusion zone it is totally prohibited to:

- Carry weapons
- Drink liquors or take drugs
- Have a meal and smoke in the open air
- Touch any structures or vegetation
- Sit or place photo and video equipment on the ground
- Take any items outside the zone
- Violate dress code
- Stay in the zone without the state guide
- Gather, use and bring from the Chernobyl exclusion zone any vegetables and cattle breeding products which were cultivated on the area of the exclusion zone, except specimens for scientific purposes
- Bring any animals in or out of the Chernobyl exclusion zone
- Drink water from wells, rivers and other open water sources. You are only allowed to use water from the Chernobyl water supply system or water from stores

Leaving the Chernobyl exclusion zone it is necessary to:

- Pass compulsory radiation control of clothes, foot wear, personal items
- Pass compulsory radiation control of transport
- If contamination exceeds the established control levels, personal clothes, foot wear, and items are subject to decontamination